

Eastern New Mexico University
College of Education and Technology
2009-2011 Catalog
Degree Plan Checklist

Updated _____
by _____

Date: _____	Major: <u>Physical Education Composite</u>
Name: _____	Emphasis: <u>Community Physical Education</u>
ID#: _____	Degree: <u>Bachelor of Science</u>

BACHELOR'S DEGREE REQUIREMENTS (7 Hrs)	Course	Credits	Semester	Grade
UNIV 101 Freshman Seminar	<u>UNIV 101</u>	3	_____	_____
IS 151 or successful completion of ENMU computer technology assessment	<u>IS 151</u>	3	_____	_____
HPE 142 Fundamentals of Physical Well-Being	<u>HPE 142</u>	1	_____	_____

GENERAL EDUCATION REQUIREMENTS (41 Hrs)	Course	Credits	Semester	Grade
<i>bold- ENMU option only</i>				
1. Communicating Effectively: 9 hours				
ENG 102 or 108 (ENMU requires grade of "C" or better)	_____	3	_____	_____
ENG 104 or 109 (ENMU requires grade of "C" or better)	_____	3	_____	_____
COMM 101, 102, or 202	_____	3	_____	_____
2. Understanding and Applying Mathematical Principles: 3 hours				
MATH 113, 114, 119, 120, 124 or STAT 213	_____	3 or 4	_____	_____
3. Science with labs: 8 hours				
ANTH 245/L , BIOL, CHEM, GEOL, PHYS	_____	4	_____	_____
	_____	4	_____	_____

Note: Total number of hours from categories 4 and 5 combined must be 15.

4. Social Science: 6 hours minimum, maximum of 9 hours				
Note: total number of hours from categories 4 and 5 combined must be 15.				
Courses must be taken from two different disciplines.				
ANTH/GEOG 103, 233, 243; BUS 151; ECON 200, 221, 222	_____	3	_____	_____
FCS/ELED 221 ; PSCI 101, 102; PSY 101, 201, 202 ;	_____	3	_____	_____
SOC 101, 212, 215	_____	3	_____	_____

5. Humanities and Fine Arts: 6-9 hours				
<i>Courses must come from different disciplines and must include a minimum of 3 hours from category a and 3 hours from category b.</i>				
a. Fine Arts (3 hours minimum, maximum of 6)				
ART 101, 106, 131, 165, 166, 210, 231, 271	_____	3	_____	_____
DNC 101, 210	_____	3	_____	_____
MUS 101, 113, 163, 241, music ensembles	_____	3	_____	_____
THTR 111, 113, 121	_____	3	_____	_____
b. Humanities (3 hours minimum, maximum of 6)				
HIST 101, 102, 121, 122, 203	_____	3	_____	_____
ENG 201, 211, 221, 222, 251, 252, 275	_____	3	_____	_____
FR 101, 102, 201, 202; HUM 221, 222	_____	3	_____	_____
PHIL 201, 202, 211; REL 101, 103;	_____	3	_____	_____
SPAN 101, 102, 201, 202	_____	3	_____	_____

6. Advisory Options: 3 hours				
HPE activity courses	_____	3	_____	_____
Any courses from Category 2 above (MATH)	_____	3	_____	_____
Any courses from Category 5 above (HUM and FINE ARTS)	_____	3	_____	_____

7. Upper-division -- Diversity/Global: 3 hours				
AG 312; ANTH 310, 333, 340; ART 305; BUS 302, 310; CJ 310;	_____	3	_____	_____
COMM 310, 330, 331; ENG 319, 378, 379; FCS 310, 403; HIST 305;	_____	3	_____	_____
HPE 321, 325; MUS 375; NURS 312; PSCI 312, 330; PSY 312; SOC 302	_____	3	_____	_____

Emphasis: Community Physical Education: 55 hours

HPE Core Curriculum (24 credits)

HPE 145 Concepts in Physical Education	_____	3	_____	_____
HPE 212/L Motor Behavior I	_____	4	_____	_____
HPE 312/L Biomechanics	_____	4	_____	_____
HPE 313/L Physiology of Exercise	_____	4	_____	_____
HPE 345 Legal Aspects: Physical Education	_____	3	_____	_____
HPE 433 Methods/Curriculum in PE	_____	3	_____	_____
HPE 490 Professional Review	_____	3	_____	_____

Community Physical Education Requirements (16 hours)

FCS 112 Introduction to Nutrition	_____	3	_____	_____
HPE 121 Concepts of Health/Wellness	_____	3	_____	_____
HPE 220 First Aid	_____	2	_____	_____
HPE 483 Field Experiences: Topics	_____	1	_____	_____
HPE 489 Internship	_____	3	_____	_____
Strategies courses (4 hours) (recommended Health Fitness Instructor, Aquatics, Lifeguard Training, Water Safety Instruction, Lifeguard Training, Water Safety Instruction, or skills likely to instruct/coach in a community setting)	_____		_____	_____
HPE 299	_____	2	_____	_____
HPE 299	_____	2	_____	_____

Electives in Health and Physical Education (15 hours)

15 hours from HPE 209,240,245,310,315,321,325,330,335,340,380,381,411/L,425,459,473,
other electives as approved by advisor

_____	_____	3	_____	_____
_____	_____	3	_____	_____
_____	_____	3	_____	_____
_____	_____	3	_____	_____
_____	_____	3	_____	_____

Students must present proof of current First Aid and CPR certification at time of application for graduation.

Course Requirements in Related Areas: 4 hours

4-credit human anatomy and physiology course with lab _____ 4 _____
Note: This can count as a general education requirement, but cannot be used twice to meet degree hours.

						Final Check	
Date:							
Hours completed:							
Hours in progress:							
U/D Hours completed:							
U/D hours in progress:							
GPA:							

All course requirements in the major and minor must have a grade of "C" or better. All acceptable transfer work from a junior or community college will be recorded as lower division credit. Developmental hours are not eligible for degree credit.

_____	_____
<i>Student Signature</i>	<i>Advisor Signature</i>
_____	_____
<i>Dean's Office Signature</i>	<i>Official Degree Plan Filing Date</i>