

Date: _____	Major: <u>Physical Education</u>
Name: _____	Emphasis: <u>Health and Wellness</u>
ID#: _____	Degree: <u>Bachelor of Science</u>

Note: This is page 2 of a two page list. See general education for page 1.

Emphasis: Health and Wellness: 60 hours

HPE Core Curriculum (21 credits)

HPE 145 Concepts of Physical Education OR	_____	3	_____	_____
HPE 121 Concepts of Health/Wellness	_____		_____	_____
HPE 212 Motor Behavior I	_____	3	_____	_____
HPE 241 Structural Kinesiology	_____	3	_____	_____
HPE 312 Biomechanics	_____	3	_____	_____
HPE 313 Physiology of Exercise	_____	3	_____	_____
HPE 345 Physical Activity: Law and Ethics	_____	3	_____	_____
HPE 490 Professional Review OR	_____	3	_____	_____
SED 405 Classroom Management, Discipline and Issues in Secondary Education	_____		_____	_____

Health and Wellness Requirements (24 hours)

HPE 121 Concepts of Health/Wellness OR (whichever not taken	_____	3	_____	_____
HPE 145 Concepts of Physical Education above)	_____		_____	_____
HPE 220 First Aid	_____	2	_____	_____
FCS 318 Nutrition, Health and Fitness	_____	3	_____	_____
HPE 433 Methods/Curriculum in Physical Education	_____	3	_____	_____
HPE 483 Field Experiences: Topics	_____	1	_____	_____
HPE 489 Internship	_____	3	_____	_____
HPE 212L Motor Behavior I Lab	_____	1	_____	_____
HPE 312L Biomechanics Lab	_____	1	_____	_____
HPE 313L Physiology of Exercise Lab	_____	1	_____	_____
Teaching Movement Courses (6 hours)				
HPE 298 Teaching Movement:	_____	3	_____	_____
HPE 298 Teaching Movement:	_____	3	_____	_____

Electives in Health and Physical Education (12 hours of theory courses)

_____	_____	3	_____	_____
_____	_____	3	_____	_____
_____	_____	3	_____	_____
_____	_____	3	_____	_____

Students must present proof of current First Aid and CPR certification to graduate.

Students will need additional electives and upper division courses to satisfy university degree requirements.

Date:						Final Check
Hours completed:						
Hours in progress:						
U/D Hours completed:						
U/D hours in progress:						
GPA:						

All course requirements in the primary and secondary must have a grade of "C" or better. All acceptable transfer work from a junior or community college will be recorded as lower division credit. A grade of "C" or better is required in concentration areas.